

# the Padma

BERKELEY BUDDHIST TEMPLE

July 2012

Web Edition



Our Vision

A Community Where Our Spiritual Life And True Self Can Be Realized

Our Mission

To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

# July 2012

# the Padma

BERKELEY BUDDHIST TEMPLE

2121 Channing Way, Berkeley, California 94704 (510) 841-1356

WEB EDITION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>1</b> No Service 11:00 am BBWA Cabinet Mtg.	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> Bon Odori Practice @ Higashi Temple 7:30 pm	<b>6</b>	<b>7</b> Ohakamairi Services Sunset View 9:30 am Chapel of the Chimes 12 Noon
<b>8</b> 9:30 am Obon/Hatsubon Svc Gst Spkr: Rev. Yukiko Motoyoshi Coffee Social following service	<b>9</b>	<b>10</b> Crafts 10 – 1 Temple Board Mtg 7:30 pm Bon Odori Practice @ Higashi Temple 7:30 pm	<b>11</b>	<b>12</b> Bon Odori Practice @ Higashi Temple 7:30 pm	<b>13</b>	<b>14</b> Bon Odori @ Higashi Temple 7:00 pm
<b>15</b> No Service	<b>16</b>	<b>17</b> Padma Newsletter 6:30 pm	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b> 9:30 am Dharma Family Svc  (Use of classroom for Kyoshi examination 9 am – 12 Noon)	<b>23</b>	<b>24</b> Crafts 10 – 1	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b> 9:30 am Combined Dharma Family/Shotsuki Hoyo Svc	<b>30</b>	<b>31</b>	NOTE: For temple matters, please contact Rev. Matsumoto at (510) 841-1356 or leave a message on the temple's answering machine. Temple web: <a href="http://www.berkeleysangha.org">www.berkeleysangha.org</a> Temple e-mail: <a href="mailto:info@berkeleysangha.org">info@berkeleysangha.org</a>			

# **FUTURE DATES TO REMEMBER**

**July 1 - No service**

**July 7 - Ohakamairi (Cemetery Visitation) at Sunset View and Chapel of the Chimes cemeteries**

**July 8 - [Hatsubon and Obon service](#)  
[Rev. Yukiko Motoyoshi, guest speaker](#)**

**July 14 - [Obon Odori at Berkeley Higashi Buddhist Temple](#)**

**July 15 - No service**

**July 22 - DFS**

**July 29 - DFS & Shotsuki Hoyo**

**August 5, 12, 19 - No services**

**August 26 - DFS & Shotsuki Hoyo**

## OBON MISCELLANEA

### I.

**From *Cocktails*, by Rev. Masao Kodani (Los Angeles, Senshin Temple Publications, 1992)**

#### **Bon Odori**

##### **Bon-Dance**

Outdoor folk dancing around a Yagura tower (which see) at the time of the Buddhist Obon Festival. Unique to Japanese Buddhist, the Bon Odori evolved out of the Odori Nembutsu, a popular form of dance and chant by Pure Land Buddhists of the late Heian (794-1185 AD) and early Kamakura (1185-1333 AD) periods.

Basically religious in nature, the Bon Odori is traced back to the monk Mokuren's (Maudgalyana) dancing for joy on the release of his mother from the realm of Hungry Ghosts as related in the Ullambana Sutra. The Japanese reading of Ullambana is Urabon, which is abbreviated to Bon or Obon. A much stronger tradition in BCA temples than Jodoshinshu temples in Japan, Bon Odori is seen as an expression of Joy in the Nembutsu teaching.

The Urabon Festival has been held annually since 657 AD. During the Tokugawa period (1603-1868 AD) it was observed from the 13th to the 15th of the 7th month. Today, Obon is observed on the 15th of July or August, depending on the district in Japan. In America, Obon is observed at the various temples over a three month period: June, July, and August.

In Jodoshinshu, these simple outdoor dances are in memory of the dead and not the welcoming of the "souls" of the deceased.

Not commonly associated with Jodoshinshu temples in Japan, it has become a major part of Jodoshinshu temples in America. Bon Odori is not to be confused with the term "Ondo dancing."

Ondo is a style of music involving a lead singer and chorus which is commonly used in Bon Odori. Non-Buddhists have coined the term "Ondo dancing" in recent times to take the outdoor dance form out of its religious context.

### II.

**From *Jodo Shinshu Handbook for Laymen* (Kyoto, Hongwanji International Center, 1982)**

19. What happens to us when we die?

Your question is one that is on everybody's mind and is quite understandable. At the same time it is also important to realize the present and live in a more meaningful way.

Everyone through his karma (deed, speech and thought) is actually making his future. That is to say, through present actions one makes his own tomorrow.

The answer to the question, "What will happen to us when we die," can be found in the present actions; that is, thoughts, words and deeds of each of us.

23. Does the soul of a person continue to exist even after death? Is it possible to summon a soul?

First of all, we must try to clarify the meaning of 'soul.' If you are thinking of a separate, unchanging, indestructible entity within the mind or body, then this is an error. Such a thing does not exist now or ever. Again, mind activity ceases after death. For these reasons, trying to summon a soul of a deceased person is out of the question. Although some say that such things are possible, this is simply a delusion of mind brought about by the auto-suggestion. On the other hand, this does not mean that death is the end of everything and that nothing remains because all phenomena happen according to the law of cause and effect (karma). For this reason what I do (deed), what I say (speech), and what I think (thought) are all causes which, with the interplay of various conditions, will unfailingly bring about the effects in the future. This has nothing to do with the soul concept or its existence after death.

### III.

**From *Thus I Hear, A Collection of Sermons and Essays*, by Rev. Masami Fujitani (Los Angeles, Pure Land Publications, 1989)**

In conjunction with the origin of Obon and obon dancing, the episode of Mokuren or Maudgalyana (Moggallana in Pali) in the Urabongyo (Avalambana-sutra) is a very fascinating one. The tale is of how a devoted son Mokuren, having seen his own mother suffering in the hunger-hell, which could be compared to "hanging by one's heels from a wall," managed to release her from those agonies, due to the Buddha's compassionate instruction.

To appreciate this tale symbolically, there must be three steps. First is a literal reading. The second is an interpretation of the episode that the pitiful tale of Mokuren's mother was nothing but the projection of what was in the son himself, of impermanence, imperfection, suffering, ignorance, quenchless desire, etc.

The third step is an acceptance of the tale as a teaching for us that Mokuren is not a man isolated from us historically and geographically; in other words, he is nobody but the reader himself. Each step is meaningful, but a Buddhist strives towards the third from the first. Our constant quest: "Where is Mokuren?"

Namu Amida Butsu  
July 2012

## **PRESIDENTS' MESSAGE**

Happy summer, everyone! We hope all of you are taking this opportunity to enjoy the warm and hopefully languid days of June, July and August.

Summer is, of course, Obon season. One change this year is that our cemetery visitation, service and dance will not be on the same weekend. Due to the availability of our guest speaker, Rev. Yukiko Motoyoshi, our cemetery visitation and service will be held on July 7<sup>th</sup> and 8<sup>th</sup> respectively, while the dance will be the following weekend, the 14<sup>th</sup>. As most of you know, our Obon dance this year will be at the Berkeley Higashi Honganji Temple rather than at our own temple. Although it is certainly nice having the dance at our temple, a definite plus of not hosting is that it gives us an opportunity to just participate rather than having to plan, organize and work it. Moreover, it is certainly a chance to support the Higashi Temple and to share the Dharma with other Jodo Shinshu followers.

One other thing that we wanted to bring up as we begin this season is a heads up to our Sangha about the scheduling and planning process at our temple. June through August are when most of the planning for the following Dharma school year takes place, since these are the months when our temple is relatively less busy. Thus, if you have any ideas or thoughts on activities or programs for the temple in the upcoming fall, winter, and spring, please don't hesitate to contact a board member or either of us. We'd be more than happy to get any and all input from all of you.

Gassho,

Art Nishimura and Willie Fernandez  
BBT Co-presidents

# COMBINED DHARMA FAMILY SERVICE & SHOTSUKI MEMORIAL SERVICE

July 29, 2012  
9:30 am

## Shotsuki Hoyo Service - July 29, 2012, 9:30 AM

The following persons will be remembered during the Shotsuki Hoyo (monthly memorial service) for July.

Motoharu Doi	Walter A. Doi	Yumiko Fujii
Miyoko Fukunaga	Yasuko U. Goto	Hisao Hamachi
Seijiro Hamamoto	Shigeo Haraguchi	Denichi Hiraoka
Naoichi Hirofuji	Noe Hirofuji	Yasuyo T. Hoki
Ayako Honda	Kawaya Imada	Masanobu Iwaihara
Inokichi Kaneko	George Katayama	Albert S. Kosakura
Helen C. Kurakazu	Ishizo Matsubara	Suematsu Matsubara
Akie Matsui	Shinobu Matsuura	Toshiko Miyamoto
Keiji Morita	Masaru Morita	Tsuyoshi Morita
Tsuya Mukai	Pearl T. Nagafuji	William J. Nagareda
Ruby N. Nakano	Yoshiko M. Nakao	Miyeko Nehira
Grace Oki	Heizo Oshima	James Pankey
Hideo B. Sasaki	Etsuko Steimetz	Tomoe Sugawara
John S. Sugihara	Masami Takano	Yotaro Tominaga
Hitoshi Tsufura	Larry S. Tsuyuki	Setsuko Uchiumi
Toshio Yamasaki	Carolyn Y. Yoshii	

Note: If there are any additions, corrections or deletions to the above list, please notify the Berkeley Buddhist Temple at 510-841-1356.

## What the \_\_\_ Do We Mean by “The One Are Many and the Many Are One”?

By Diane Ames

Buddhists, and Hindus as well, often state that the one are many and the many are one. It sounds very spiritual, but what, if anything, does it mean?

Let us use a concrete, worldly example. Margaret Thatcher reportedly said that there is no such thing as society, there are only individuals. (She did not explain what, in that case, she was supposed to be prime minister of.) Now, what we call society is indeed made up of individuals. If every last person in, say, California, decided to get into an SUV and leave, and nobody replaced them, what we call society would cease to exist in California. Yes, it's obvious that there can be no society without individuals. But it's also true that without society, there could be no truly human individuals. We are a profoundly social species.

What makes us human? Language, for one thing. And language is a profoundly social phenomenon. No individual sat down and devised English or Japanese or Urdu, neither were they designed by committees. Linguistics research tells us that languages only develop, and can only last, in language communities of at least a few hundred people. (For example, for most of human history, those born deaf were largely isolated from other deaf people and had no language. But as soon as deaf children were assembled in large boarding schools for the deaf, sign languages developed.) Culture is another thing that makes us human, and we literally need it to survive. Even the smallest tribe in the most remote jungle on the planet has a culture, a vast body of information, attitudes, and stricture that tells them everything from how to make sandals to how to treat their elders. Also, so-called civilized societies have something called an economy. It is made up of individual workers, consumers, and investors, yet nobody can quite control it or even truly understand it. When it works properly, it enables us to obtain food and shelter. When it doesn't, catastrophe ensues.

To sum up, a society is indeed made up entirely of individual human beings (the one are many), but a society is also more than the sum of its individual parts (the many are one). Neither society nor human individuals have any real existence without the other. That means that individuals have to take responsibility for keeping their society a livable one, and society has to enable its members to live decently. Otherwise both people and society are sunk. In the end everyone's fate is intertwined with everyone else's. The one are many, and the many are one.

TEL: (510) 841-1356

**Berkeley Buddhist Temple**  
2121 Channing Way  
Berkeley, CA 94704

June 19, 2012

Dear Members and Friends,

We sincerely hope that this letter finds you and your family in good health and spirits in the Light of Compassion and Wisdom of Amida Buddha. This letter is to inform you that the temple will be observing O-Bon on July 7, 8, and 14.

As a long-established tradition, cemetery services will be held at Sunset View Cemetery and Chapel of the Chimes on July 7. If you plan to attend Sunset View Cemetery, please meet at Heian Garden at Sunset View Cemetery at 9:30 AM. If you plan to attend Chapel of the Chimes, please meet outside of Chapel of the Chimes at 12:30 PM. Rev. David Matsumoto will conduct short services at both cemeteries, and flowers will be provided to place on gravesites and niches.

O-Bon service will be observed at our temple on July 8 at 9:30 AM. The guest speaker will be Rev. Yukiko Motoyoshi of Stockton Buddhist Temple. A coffee social will follow after service. Please join us.

Bon Odori will take place this year at Berkeley Higashi Honganji Temple at 1524 Oregon St. at 7 PM on Saturday, July 14.

From the time of the Buddha, it has been the custom to make an offering at O-Bon. Enclosed is an envelope for your convenience.

In Gassho,

Berkeley Buddhist Temple



# OBON & HATSUBON SERVICE

July 8, 2012

9:30 AM

Guest Speaker

**Rev. Yukiko Motoyoshi**

**Stockton Buddhist Temple**

Coffee social following service.



## ***BON ODORI PRACTICE SCHEDULE AT BERKELEY HIGASHI TEMPLE***

Bon Odori practice will take place this year at the Berkeley Higashi Temple at 1524 Oregon St., Berkeley, CA 94703 (Phone: 510-843-6933). Practice will be led by the Hanayagi Dance School. It begins at 7:30 pm and ends at 9 pm. Everyone is welcome to participate.

### **Practice Schedule**

Tuesday, June 26    Thursday, June 28

Thursday, July 5

Tuesday, July 10    Thursday, July 12

**Bon Odori – Saturday, July 14, 2012 at 7 PM  
at the Berkeley Higashi Temple.**

Dancers should come earlier.

Berkeley Buddhist Temple expresses condolences and deep sympathy

To the family of  
Mrs. Ruth Rinko Uchiumi  
Shaku Sho Gen  
February 12, 1920 - February 3, 2012

To the family of  
Mrs. Flora Tatsuye Adachi  
Shaku Ren Gen  
February 3, 1942 - April 26, 2012

To Mr. Richard Kakigi and Family  
on the loss of his mother,  
Mrs. Toshiye Kakigi  
January 30, 1918 - April 30, 2012

To the family of  
Mrs. Stella Isao Kimura  
Shakuni Myo Sei  
March 20, 1916 - May 16, 2012

Namu Amida Butsu      Namu Amida Butsu      Namu Amida Butsu



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The following is a list of special service years. If you have a departed relative who has passed away in any of the listed years, and would like to make arrangements for a memorial service, please contact Rev. Matsumoto at (510) 841-1356.

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2012 MEMORIAL SERVICE SCHEDULE

<u>YEAR</u>	<u>SERVICE</u>
2011	1 <sup>st</sup> Year
2010	3 <sup>rd</sup> Year
2006	7 <sup>th</sup> Year
2000	13 <sup>th</sup> Year
1996	17 <sup>th</sup> Year
1988	25 <sup>th</sup> Year
1980	33 <sup>rd</sup> Year
1963	50 <sup>th</sup> Year
1913	100 <sup>th</sup> Year

***Thank You For Your 2012 Donations***

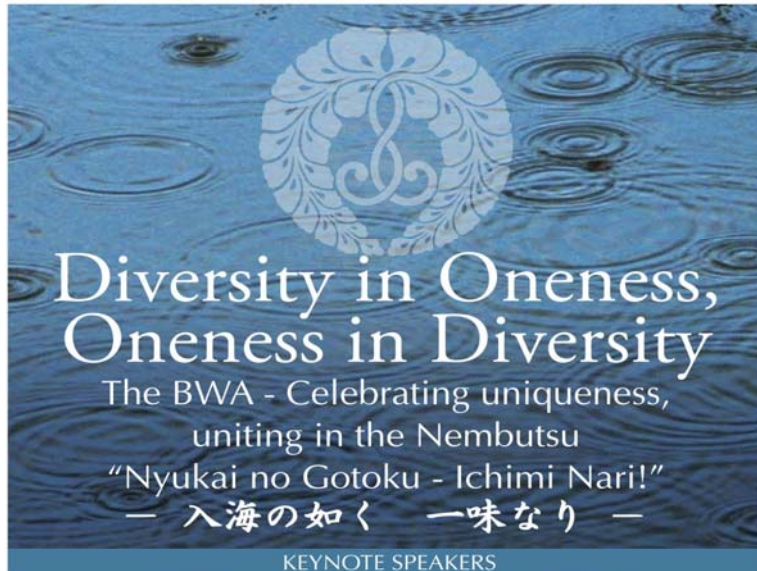
On Behalf of the BBT Silent Auction and Donations Committee, to all of the Businesses and Individuals who gave, Thank You for your Generosity and Dana. Let's show our appreciation by frequenting these businesses soon and often, and let them know that you are from the Berkeley Buddhist Temple. Domo Arigato Gozaimashita!

7th Heaven Yoga	Genki Japanese Restaurant	Pave Fine Jewelry
Aaron Escalante, DDS	George and Emiko Matsunaga	Peet's Coffee & Tea
Acme Bread Co.	Gillian Haratani	Peppermill Hotel Casino
Adachi Florist & Nursery	Gisele Pohan	Punch Line
Akemi Hamai and Amy Haruyama	Grant Din	Renaissance Rialto
Aki & Emi Nakao	Great Western Power Co.	Ripley's Believe It or Not Museum
Alan Hirahara	Green Apple Books & Music	Ron and Carol Tanaka
Alberta and Dennis Tsuchida	Harry Okino & Shizu	Roy Oki
Amici's Pizzeria	Infineon Raceway	Sadako Delcollo
Aquarium of the Bay	IN-N-OUT Burger	Sam and Norma Yamauchi
Arnold and Karen Perkins	Irene Isao-Wells	San Francisco Museum of Modern Art
Asian Art Museum	Janelle Sasaki	Sangha Work Party: Akemi Hamai, Carl Wilmsen, Craig Griffin, Dennis Sakurai, Don Hamasaki, Emily Moya, Gene Chin, Howard Endo, Kai Wilmsen, Kiyoshi Katsumoto, Koji Fujioka, Linda Griffin, Lucy Hamai, Mike Nagamoto, Paul Nolan, Russell Wells, Satoru Uzawa, Scott Takeda, Stan Tamaki, Vernon Kato
Atlantis Casino Resort	JFC International Inc.	Satoshi and Elaine Steimetz
Barbara and Leroy Morishita	Jodo Shinshu Center	Scandia Family Center
Barbara Kitagawa	Judy Nakaso	Semifreddi's Bakery
Barry Evans Studio	Julia Morgan Center - Berkeley Playhouse	Sheila and Scott Wakida
Barry Kami, DDS	June Matsubara	Shelley Kaldunski
Bay Area Discovery Museum	K & S Company Inc.	Shige and Susan Kajiwara
BCA Bookstore	Kenneth Mizono, DDS	Soko Hardware Co.
Berkeley Bowl Marketplace	Kirala Restaurant	Stacy Uyeda and Tony Hale
Berkeley Cuong Nhu Karate	Kuwada Realty	Stephanie Yue
Berkeley Ironworks	Lake Chabot Golf Course	Steve Silver Productions
Berkeley Repertory Theatre	Landmark Theatres San Francisco Office	Steven Kobayashi, DDS
Berkeley Touchless Car Wash	Las Positas Golf Course	Studio Yuki Pottery & Aspen Ten Shoji
Bette's Diner	Lawrence Hall of Science	Sugata Japanese Restaurant
Bill and Judy Fujimoto	Lindsay Wildlife Museum	Sumito's Floral Design
Boomers!	Little River Inn Resort and Spa	Sunset View Cemetery Association
Brushstrokes Studio	Lucy Hamai	Sweet Stop Bakery
Byington Winery & Vineyard	Mae Takeda	Takara Sake USA Inc.
California Academy of Sciences	Mari Mayeda & AJ Kutchins	Temari Japanese Restaurant
Canyon Swim School	Maya Murashima-Yonemura	Terri Higa
C'era Una Volta	Michael Nagamoto	The Kingsford Co.
Chapel of the Chimes	Michael Rimkus	TNT Pictures
Charles M. Schulz Museum & Research Ctr	Michelle Yin and Family	Tokyo Fish Market
Charlotte Yip	Mieko Taketa	Total Health Chiropractic
Cha-Ya Vegetarian Japanese Cuisine	Miki Adachi	Union Bank
Denise Kaneshiro	Mitama Japanese Restaurant	Urban Comfort Acupuncture
Dina Honda	Moe's Books	Wes and Julie Fukumori
Disneyland Resort Charitable Requests	Montclair Bistro	Winchester Mystery House
Don and Fumi Matsubara	Namaste	Yabusaki's Dwight Way Nursery
Doug Kyono	Nation's Foodservice Inc.	Yoga Tree
Edythe Vassall	New Harbinger Publications	
Emiko and Kiyoshi Katsumoto	Nippon Company	
Eric and Mary Lindquist	Nomura & Company	
Eugene and Yuki Otake	Noreen Fukumori	
Folkmanis Inc.	Norman Hirose	
For Eats Sake	Pacific Coast Brewing Co.	
For Your Dogs Only	Pam Matsuoka	
Fujii Melons	Pat and Sandra Takeda	
Gary Holt, Ceramic Artisan	Patricia	

# BERKELEY BUDDHIST WOMEN'S ASSOCIATION (BBWA) NEWS

You are cordially invited to attend the

42nd BCA Federation of BWA Conference



KEYNOTE SPEAKERS

Japanese	Reverend	Professor	English
	Masumi Kikuchi	Evelyn Nakano Glenn	

October 12-14 2012  
DoubleTree by Hilton San Jose, California  
Hosted by CDBWA

For more information go to <http://Sites.google.com/site/bcafbwa2012/>

Registration fee: \$175.00 per person; \$90.00 per person for BBWA members

**Deadline: July 27, 2012**

**Parliamentary Procedure Workshop 2012: October 12, 2012, 4:30 - 6:30 pm**

Various workshops and panel discussions are scheduled. Edythe Vassall will be a panelist in the workshop, "Why I Am a Jodo Shinshu Buddhist."

**Golf Tournament: \$95.00 entry form due September 1, 2012**

Hotel Room Block Rate: \$89.00 per night (single or double) Ask Yuki or Caroline for special block number

**Deadline to reserve room: August 1, 2012**

Tours: 1. Winchester Mystery House and Santana Row shopping, \$57.00  
2A. San Jose Japantown and Japanese American Museum of SJ, \$35.00  
2B. San Jose Japantown and Hakone Gardens of Saratoga, \$50.00

For detailed information, questions, and forms please contact

**Yukiko Otake or Caroline Fernandez:**

**info@berkeleysanfgha.org, (510) 841-1356**

## BAY DISTRICT BUDDHIST WOMEN'S LEAGUE AND HOPPO/FUKUOKA SISTER DISTRICT EXCHANGE

Four Bay District Buddhist Women's League (BDBWL) members will have the opportunity to participate in the exchange in November, 2012 in Japan. The exact date has not yet been decided; however, it will include November 7, 2012, the date when the Kyushu Conference is scheduled.

Airfare will be paid by the BDBWL and housing will be provided by the Hoppo and Fukuoka district chapters.

Selection of participants will take place on August 19 and applications should be received prior to that date.

For more information, please contact Yukiko Otake, (510) 841-1356

TELEPHONE COORDINATORS: SUSAN GABRIEL & LENA YIN

JULY TOBAN: Chair: Maya Murashima  
Cochairs: Ellen Jorgensen, Ron Hiraga

Sadako Delcollo, Akio & Chiyoko Fujinaga, Ron & Gayle Nishikawa Hiraga, Ellen Jorgensen, Jon & Dawn Kawamoto, John & Irene Murashima, Laurie Omori, Ron & Carol Tanaka, Ann Yamoto, Maya Murashima & Paul Yonemura, Craig Noble & Terry Mock Noble, Rose Ikeda\*, Richard Kurakazu\*, Yasuo & Chiyoko Nakamoto\*, Miyoshi Nakano\*, Yoshiye Nonaka\*, Gary & Kimi Toji\*, Kiyoe Unoki\*

AUGUST TOBAN: Chair: Emiko Katsumoto  
Cochairs: Kathleen Yee, Russell Ware

Doug Clough & Erin Uesugi, Richard & Nancy Kakigi, Dean & Denise Kaneshiro, Kiyoshi & Emiko Katsumoto, Aiko Kurokawa, Kuniko Imazumi, Mike & Pat Hoshi Nagamoto, Art Nishimura, Bruce Bucholtz & Doreen Sakamoto, Russell & Amy Ware, Dennis & Kathleen Yee, Ken Yoshii, Kiyo & Yasuko Harano\*, Nora Hataye\*, Arthur & Betsy Ishida\*, Mary Kurokawa\*, Shigeru & Michiko Kubota\*, Irene Mitsuyasu\*, Arthur Yamagata\*, Helen Yoshimura\*

\*Denotes disabled and/or elderly – Toban duties optional.

\* \* \* \* \*

PADMA STAFF: Rev. Matsumoto, Pauline Fong, Susan & Al Gabriel, Lucy Hamai, Yo Hiraoka, Norman Hirose, Ellen Jorgensen, Keiko Kawakami, Emi Matsunaga, Yuki Otake, Mae Takeda, Scott Takeda, Edythe Vassall, Yasuyo Wolfe and Yae Yedlosky.

## Services

Our regular Sunday program begins with a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

### Special Services

January 1	Shusho-e	New Year's Day Service
February 5	Nehan-e	Nirvana Day
March 18	Ohigan	Spring Equinox
April 1	Hanamatsuri	Flower Festival
May 13	Gotan-e	Birthday of Shinran
July 8	Kangi-e	Obon
September 16	Ohigan	Autumn Equinox
November 11	Hoonko	Shinran Shonin Memorial
December 2	Jodo-e	Bodhi Day
December 31	Joya-e	Year End Service

A Shotsuki Hoyo (Monthly Memorial) Service is held the last Sunday of each month.

## Dharma School

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your child.

## Monthly Discussions

In our discussions, we strive to experience the Buddha-Dharma with our entire selves – with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and so you are welcome to attend any or all sessions.

All interested persons are welcome to attend. Please invite your friends! We hope to see you!

## Visitor Information

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

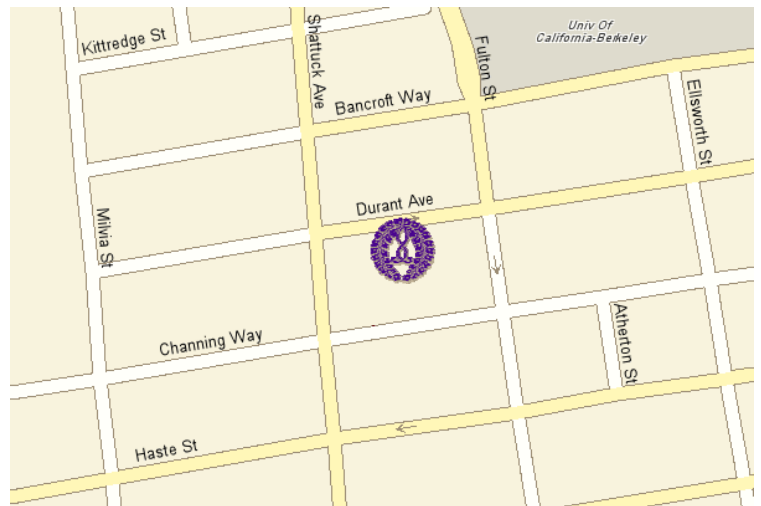
Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

## Membership Information

Membership is open to all who view our Temple as their religious home and seek the Buddha-Dharma.

To join, complete a membership form, have your name entered on the membership roll and support the Temple through a pledge and participation.

To inquire about becoming a member, please speak with our Membership Chair or Minister.



### Berkeley Buddhist Temple

2121 Channing Way  
Berkeley, CA 94704

Office Hours  
Monday – Friday  
10:00am – 1:00pm

Phone: 510-841-1356

email: [info@berkeleysangha.org](mailto:info@berkeleysangha.org)

web: [www.berkeleysangha.org](http://www.berkeleysangha.org)