

# the Padma

BERKELEY BUDDHIST TEMPLE

August 2014

Web Edition



Our Vision

A Community Where Our Spiritual Life And True Self Can Be Realized

Our Mission

To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

# August 2014

# the Padma

BERKELEY BUDDHIST TEMPLE

2121 Channing Way, Berkeley, California 94704 (510) 841-1356

WEB EDITION

| Sun  | Mon | Tues  | Wed                                  | Thurs | Fri                      | Sat              |   |
|--|-----|---|--------------------------------------|-------|--------------------------|------------------|---|
| NOTE: For temple matters, please contact Rev. Matsumoto at (510) 841-1356,<br>or leave a message on the temple answering machine.<br>Temple web: <a href="http://www.berkeleysangha.org">www.berkeleysangha.org</a><br>Temple e-mail: <a href="mailto:info@berkeleysangha.org">info@berkeleysangha.org</a> |     |   |                                      |       |                          | 1<br>BBT Camping | 2<br>Gagaku Practice<br>11 am – 1 pm<br>BBT Camping |
| 3<br>8:30 am <a href="#">Chanting Service</a><br>9:30 am Dharma Family/<br>Shotsuki Hoyo Service<br>11:00 am BBWA Meeting<br>BBT Camping   | 4   | 5   | 6                                    | 7     | 8                        | 9                |   |
| 10<br>NO SERVICES  | 11  | 12<br>Crafts 10-1<br>Temple Bd Mtg<br>7:30 pm | 13                                   | 14    | 15<br>Padma Articles Due | 16               |   |
| 17<br>NO SERVICES  | 18  | 19<br>Padma Newsletter<br>6:30 pm             | 20<br>Gagaku Practice<br>6 – 7:30 pm | 21    | 22                       | 23               |   |
| 24<br>NO SERVICES  | 25  | 26<br>Crafts 10-1                             | 27                                   | 28    | 29                       | 30               |   |
| 31<br>NO SERVICES  |     |   |                                      |       |                          |                  |   |

# FUTURE DATES TO REMEMBER

August 3 - Chanting, DFS, & Shotsuki Hoyo

August 10, 17, 24, & 31 - No Services

September 7 - DFS & Shotsuki Hoyo

September 14 - DFS; Start of Dharma School

September 21 - Fall O-Higan Service & Potluck  
Luncheon

September 28 - BBWA Centennial Celebration



*(starting on July 20, 2014)*

## *Chanting Service*

All interested persons are invited  
to take part in a new, weekly service.

**Sundays 8:30-9:00 am**

Berkeley Buddhist Temple

Join us for a moment of chanting,  
quiet reflection, and Dharma.

*Please note: the July Padma calendar is incorrect.  
Chanting Service begins at 8:30 am, not 9:30 am.*

## *Five REasons for Having Memorial Services*

Thus, when one has boarded the ship of the Vow of great compassion and sailed out on the vast ocean of light, the winds of perfect virtue blow softly and the waves of evil are transformed. The darkness of ignorance is immediately broken through, and quickly reaching the land of immeasurable light, one realizes great nirvana and acts in accord with the virtue of Samantabhadra. Let this be known.<sup>1</sup>

THE GREAT SHIP OF THE VOW! Shinran Shōnin offers this stunning imagery to teach us that, at the moment of death, a person who entrusts completely in the Primal Vow of Amida Buddha will be carried by that Vow to birth in the Pure Land. And instantly that person will realize enlightenment and thereupon return to this *saha* world as a bodhisattva to save other beings.

Shinran Shōnin's awakening led him to have a very unique attitude about death. While most people are afraid of death or mourn the loss of their loved ones, he found the death of a true follower of the nembutsu to be a happy occasion. Why shouldn't one rejoice over the fact that a Dharma friend has attained enlightenment and now represents a salvific presence in one's life?

This is the wondrous teaching of Jōdo Shinshū. But, doesn't it raise an interesting question for all of us? If we know that a friend or loved one truly entrusted in the Vow, then why should we conduct funeral or memorial services for him or her? In ancient times there was a belief that, when a person died, that person's family was required to carry out death rituals for the sake of that person. In particular, it was believed that the deceased's next rebirth would not be settled for 49 days. During that period the family had to conduct services in order to generate merit, which they would then direct to their loved one in order to bring about a better rebirth.

Some Buddhist traditions still hold to this belief today. But, Jōdo Shinshū does not. If we know that a loved one was a true nembutsu follower, there is nothing that we need to do on that person's behalf. There is no reason to try to generate merit for him or her. And yet, don't we still conduct funeral or memorial services when a loved one dies? And don't many of us still have 49th day services, first-year services, and so on? But, why?

In Jōdo Shinshū, we do not conduct services for the sake of the person who has died. Rather, funerals and memorial services are held for the sake of the living. There are, I believe, at least *Five REasons* for having such services, which are opportunities for us to:

**REmember.** We have the opportunity to recall the life of the deceased, thereby appreciating that the value and meaning of that person's life continue to exist in our own lives.

**REceive.** Through our remembrances, we find that we are better able to hear the Dharma and encounter the working of the Buddha's wisdom and compassion today.

**REflect.** We find that we are able to take stock in our own lives, based on a renewed understanding of where we have come from, where we are now, and where we are going.

**REconnect.** Through this process we are able to reestablish relations with our family, friends, our temple, our faith, all other beings, and ourselves.

**REfresh.** We are able to gain a renewed sense of appreciation and enthusiasm for all that life continues to offer us. And we get to share a great meal with friends and family!

At memorial services, we are not the ones trying to do something on behalf of the deceased. In fact, it is the other way around. By drawing us together within the supportive embrace of our family, our temple and our Dharma, our deceased loved ones become our bodhisattvas, calling us to take refuge in Amida's Vow.

Namu Amida Butsu  
Rev. D. Matsumoto  
August 2014

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<sup>1</sup> Shinran, *True Teaching, Practice and Realization*, Ch. on Practice, CWS, 56.

## **PRESIDENTS' MESSAGE**

We hope your summer is going well and your vacation dreams become reality. Although things admittedly slow down during the summer, the BBT is busy on many fronts.

First, our Bon Odori was held this past July 12, on a wonderful summer evening. This year the Berkeley Higashi Honganji Buddhist Temple served as host. Many thanks to Rev. Ken Yamada and Higashi Temple members for organizing the event and being such gracious hosts. Also, thanks to all the dancers and supporters for making it a festive event. If you want to continue your dance groove, please attend other Bon Odoris in the area.

The BBT Board recently approved a major sound system upgrade. This involves replacing the old sound system with new technologies designed to enhance the sound coverage in the Hondo and the Social Hall. This includes replacement of sound system components such as speakers, amplifiers and microphones. Current plans are to have the project completed in time for fall services. Thanks to Board Member Dii Lewis for his patience and skill in shepherding the project to completion. We hope you will enjoy the improved sound system.

Lastly, it is not too early for current BBT members to consider serving a three-year term on the BBT Board of Directors beginning in 2015. This is an opportunity to give back to BBT and to have a say in the Operation of the Temple and preserving the future of BBT.

Enjoy the sunshine and don't forget the BBT camping trip beginning on July 31.

Summer Gassho,

Takashi Nikaidoh and Ron Hiraga  
BBT Co-Presidents 2014

# COMBINED DHARMA FAMILY SERVICE & SHŌTSUKI MEMORIAL SERVICE

August 3, 2014  
9:30 am

## PLEASE NOTE THE NEW DATE!

Shōtsuki Hōyō Service – *August 3, 2014*, 9:30 AM

The following persons will be remembered during the Shōtsuki Hoyo (monthly memorial service) for August.

|                   |                        |                     |
|-------------------|------------------------|---------------------|
| Matsu Fujii       | Masao Fukawa           | Raymond K. Fukunaga |
| Fuyu Furukawa     | Hisao Furuzawa         | Katsujiro Furuzawa  |
| Kiroku Furuzawa   | Kiyoshi Furuzawa       | Yae Furuzawa        |
| Kentaro O. Gluck  | Misao Hataye           | Ellen Honda         |
| Ralph C. Honda    | Harry N. Ikeda         | Rev. Kanmo Imamura  |
| Arthur A. Iwata   | Hiroshi Kanda          | Hiroshi C. Kaneko   |
| Risuno Kaneshita  | Soeko Kawamoto         | Kazuko Long         |
| Mitsuo Maegoto    | Stanley T. Marubayashi | Hitoshi Marumoto    |
| Kanishi Masui     | George S. Matsuoka     | Eiko Morishige      |
| Saichiro Muramoto | Kiyo Nakagawa          | Andy Nishikado      |
| Yaye Oda          | Fujio Okano            | Shizuye Okubo       |
| Yukie H. Onizuka  | Asami Kawachi Oyama    | Takaaki Sakamoto    |
| Nancy Shimada     | Tadao Shiozaki         | Shige Tanada        |
| Lorraine Tokiwa   | Kiyono Tominaga        | Suematsu Uemura     |
| Hyakuzo Yamada    | Toshiko Yamamoto       | Haru Yamashita      |
| Kiuzo Yoshinaga   |                        |                     |

Note: If there are any additions, corrections or deletions to the above list, please notify the Berkeley Buddhist Temple at 510-841-1356.

## Siddhartha at the Downtown Berkeley YMCA

By Diane Ames

Siddhartha, nicknamed Prince, lived with his loving mother in a luxurious suite at the Fairmount Hotel. (His father ran a big hedge fund and was hardly ever around.) He rode to an elite private prep school in a limousine. He had the latest iPad, the most fashionable clothes, and a beautiful girlfriend. Besides all that, he got excellent grades and excelled at soccer. But one day during the summer before he was to enroll at Harvard, he realized that he couldn't swim and signed up for private swimming lessons at the downtown Berkeley YMCA.

Just after his swimming instructor, Channa, told him to grab the edge of the pool and kick like a pair of scissors, Prince looked up and asked, "Channa, who is that boy my age in a wheelchair, being lowered into the pool in a chairlift? What's wrong with him?"

"That's Troy. The poor kid was a budding track star, until one day out of the blue he couldn't move his legs. It's called transverse myelitis. In the pool, he can exercise."

"Can that happen to me?" asked Prince.

"I don't know. But I do know that you seem pretty strange. And actually, you're supposed to keep your head down while you kick."

After Prince had kicked a while, he looked up again and asked, "Channa, who is that gray and withered man, hobbling on a walker to the pool?"

"That's Rory, one of our most senior members, coming for the gentle arthritis exercise class. Now will you keep your head down or won't you?"

"But I'm freaking out! Is old age like that? Will I get old?"

"Maybe not, if you don't keep your \_\_\_ing head down and scissor kick!"

Later, as he headed for the men's dressing room, Prince ran into a commotion. YMCA staff members milled around looking upset as medics wheeled a gurney into the elevator. On it was a man whose face was covered with a sheet. Prince knew what that meant. He heard people saying, "He sat in the hot tub even though he had high blood pressure....But there's a big sign saying not to do that....Well, you know, some people."

In the shower, Prince exclaimed, "What good will it do me if I go to work for Goldman Sachs and end up sick, old, and dead?"

"You've got to accept impermanence!" chorused all the sick, old, and disabled men showering around him. "We've all had to accept it as best we can so we can come here and fight it as best we can!"

"Good for you. But I need Answers!"

"Try yoga!" said one Berkeleyite. "Try Zen!" said another.

Finally, for a start, Prince dropped by the Berkeley Buddhist Temple.

*(starting on July 20, 2014)*

## ***Chanting Service***

All interested persons are invited  
to take part in a new, weekly service.

**Sundays 8:30-9:00 am**

**Berkeley Buddhist Temple**

Join us for a moment of chanting,  
quiet reflection and Dharma.

## ***Taige-kai*** (体解会)

### **Berkeley Buddhist Temple Study Session**

The Berkeley Buddhist Temple invites you to take part in a gathering to  
learn and experience (体解 *taige*) the Path of the Buddha.

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## ***Jōdo Shinshū (part 2)***

### **Shinran Shōnin's Teaching of The True Essence of the Pure Land Way**

\*\*\*\*\*

***Sunday, July 27, 2014, at 9:30 am***

All interested persons are welcome to attend. Please invite your friends!  
We hope to see you at the *Taige-kai*!



## *Message from Matthew*

*Matthew Hamasaki is attending Ryukoku University for one year as an exchange student. This is his third message dated July 14, 2014:*



Hi Everyone,

It's still raining a lot, and I have to admit, sometimes I welcome it because it means a temporary relief from the hot weather. It doesn't get as bad here as other parts of Japan, though. There was a typhoon which came through Okinawa and we were worried that it may come through Kyoto but it had dissipated to a regular rainstorm by the time it got more inland. However, the constant rain here means that it is extremely humid. It feels extreme to me, at least, because I am not used to this weather at all. I feel thirsty and tired all the time, and instead of feeling like I'm walking outside when I open the door it feels like I'm walking into a sauna.

Something that surprised me is how international the restaurant scene is in Japan! I thought that perhaps I may be stuck eating Japanese food every day since I was so lucky to have such a diverse selection in Berkeley. I'm happy to say I was quite wrong. For instance, Italian restaurants are very popular. I also seem to find a lot by accident as I stumbled upon an Indian restaurant, while I was looking for a Mexican restaurant I found a Spanish one, and when I was looking for a Bakery/Diner I found a boulanger/French restaurant. And I felt at home when I managed to find a cheap Chinese restaurant.

I'm getting a little more comfortable speaking in Japanese to Japanese people although there are still a lot of words I do not understand as they speak very fast. As difficult as it is to do something new, I did do an activity which was very familiar to me since childhood, making onenju!

Gassho,  
Matthew Hamasaki

## COME CELEBRATE!

You are cordially invited to our  
Berkeley Buddhist Women's Association Centennial Celebration

### **Buddhist Women: Yesterday, Today and Tomorrow**

Sunday, September 28, 2014

Berkeley Buddhist Temple  
2121 Channing Way, Berkeley  
10:00 am to 12:00 pm  
Service and Photos

El Cerrito Community Center  
7007 Moeser Lane, El Cerrito  
1:00 pm to 4:00 pm  
Luncheon and Program

Please respond by completing and returning the RSVP section below by August 15, 2014

For more information,  
please call Yuki Otake at 510-841-1356

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(BBWA Members should NOT complete the RSVP below, but instead, need to complete and return by August 15, 2014 the RSVP card enclosed in their personal invitation received by mail.)

RSVP due by August 15, 2014. Please respond by completing the information below and returning it to BBWA, 2121 CHANNING WAY, BERKELEY, CA 94704 or contact Yuki Otake at 510-841-1356.

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Name(s)

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Contact Number

Number of adult lunches (chicken and fish will be served) \_\_\_\_\_ Child lunches \_\_\_\_\_

Please indicate if a vegan lunch is preferred: Yes No      Transportation needed: Yes No



## Pledged members through June 22, 2014

The following members have pledged in amounts ranging from \$100.00 to \$2,500.00. Amounts are not intended to correspond to the alphabetical listing below. Pledges sent in after this date may not have yet been processed, and any omissions will be published in subsequent issues upon advisement. The temple gratefully acknowledges your generous contributions and thanks you for your dana and understanding.

Alfred & Arline Chinn  
Scott Horstein & Antonia Glenn  
Yo Hiraoka  
Jeffrey Nagafuji & Lucy Rivello  
Yoshiye Nonaka

Sadao & Ami Oki  
Laurie Omori  
Aiko Pandorf  
Doreen Sakamoto & Bruce Buchholz  
Yoshiharu Shimada

Patricia Takeda  
Sandra Takeda  
Yae Yedlosky

We are so pleased to welcome Jeffrey Nagafuji and his family as are our newest family members. Jeff's wife is Lucy Rivello and they have two daughters, Tiegan, soon to be 6 years old, and Parker, soon to be 3 years old! Jeff is the son of Jerry and Pearl Nagafuji and is our former Dharma School student. We are so happy to have his family with us!

Thank you to all temple members for your generous and continued support!  
For any questions, please call Mimi Kagehiro (510-841-1356) or email  
[info@berkeleysangha.org](mailto:info@berkeleysangha.org)



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The following is a list of special service years. If you have a departed relative who has passed away in any of the listed years and would like to make arrangements for a memorial service, please contact Rev. Matsumoto at (510) 841-1356.

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### 2014 MEMORIAL SERVICE SCHEDULE

| <u>YEAR</u> | <u>SERVICE</u>         |
|-------------|------------------------|
| 2013        | 1 <sup>st</sup> Year   |
| 2012        | 3 <sup>rd</sup> Year   |
| 2008        | 7 <sup>th</sup> Year   |
| 2002        | 13 <sup>th</sup> Year  |
| 1998        | 17 <sup>th</sup> Year  |
| 1990        | 25 <sup>th</sup> Year  |
| 1982        | 33 <sup>rd</sup> Year  |
| 1965        | 50 <sup>th</sup> Year  |
| 1915        | 100 <sup>th</sup> Year |

## **Dine at great restaurants and earn up to 5% for the Temple**

Check out eScrip Dining at [escrip.rewardsnetwork.com](http://escrip.rewardsnetwork.com) to find participating dining spots in your neighborhood or wherever your travels take you.

Here's how it works:

1. Register your Debit/Credit cards
2. Search for a participating dining spot nearby
3. Use your registered card to pay your bill on a day when contributions are available
4. Earn 2.5% on your entire bill (including food, drinks, tax and tip!) and earn another 2.5% if you fill out a post dine survey sent via email a few days after you dine.

It's as easy as that. Please take a moment to update your cards for hassle-free contributions from eScrip Dining and enjoy your night out!

Any questions?

Contact Maya Murashima Yonemura  
[info@berkeleysangha.org](mailto:info@berkeleysangha.org)

**BERKELEY BUDDHIST TEMPLE**  
**Board of Directors Meeting**  
**June 10, 2014**

Attendance: Rev. David Matsumoto, Takashi Nikaidoh, Judy Fujimoto, Patty Fujiwara, Lucy Hamai, Don Hamasaki, Emiko Katsumoto, Kiyoshi Katsumoto, Judy Kono, Dii Lewis, Millie Nikaidoh, Emi Nakao, Art Nishimura, Gary Oda, Yuki Otake, Wayne Sugihara, David Ushijima, Russell Ware.  
Proxies: Denise Lapidus, Lena Yin.

Co-president Takashi Nikaidoh called the meeting to order at 7:35PM with opening gassho led by Rev. Matsumoto.

**MAY MINUTES** will be sent by email tomorrow for approval.

**MINISTER'S REPORT:** Rev. Matsumoto presented a written report for the period 5/13/14 to 6/10/14 which included the following: 5 meetings; 2 consultations; 5 services; 2 preparations; study class in San Jose; 1 interview; bazaar and cleanup. Because of a large projected response for the Summer Pacific Seminar, activities will be held at our temple, and July/August tobans are requested to assist. There will be a Sunday closing service on July 6; thus the Shotsuki service will be held later at 1:30 pm. Shotsuki families will be notified via letters, Padma, and robocall. The BBT MA program will be expanded to include two new persons, and two more have offered to provide occasional assistance. The BDMA is planning a free district-wide practical educational program for members of all BD temples on Saturday, November 8 at the San Mateo BT.

**TREASURER'S REPORT:** Satoshi Steimetz issued a written income/expense report for 5/1/14 to 5/31/14. Kiyoshi provided a Details of Maintenance costs from January to April 2014 so that the board could review cost patterns thus far. Our monthly costs seem to be in an appropriate range.

**BAZAAR FINANCIAL REPORT** was presented by co-chair Russell Ware as provided by George Yin. He will provide comments made at the evaluation meeting to the board. More will be ordered for those food items that sold out early Sunday afternoon; e.g. steak. Russell and Sara Jotoku were thanked for chairing this year's successful bazaar.

**CORRESPONDENCE:** Co-president Takashi Nikaido circulated the correspondence binder. A question involving a donation from Silicon Valley/Chevron was discussed. Kiyoshi will follow up on this. Dr. Alfred Bloom sent a thank you note for the Centennial book.

**REPORTS BY AFFILIATED ORGANIZATIONS**

**BBWA:** Yuki Otake reported that BBWA members will visit the Colma cemetery where Rev. Matsumoto will conduct a brief memorial service for BCA ministers and bishops. Following this, members will visit the Alameda Temple bazaar for lunch. Caroline Fernandez attended the BDBWL meeting this past Sunday. In October the BDBWL will host four BWA members from Japan after they attend the FBWL conference in Los Angeles. Preparation for the BBWA Centennial continues, and volunteers are sought to help.

**J-SEI** – will hold its annual Family Festival on September 7 at the El Cerrito Community Center, but BBWA will not participate this year due to conflicting Centennial obligations.

**DHARMA SCHOOL:** Kinji Steimetz, our only high school graduate, was honored at the Graduation Service June 8. He announced that he will be attending USC.

**JR. YBA:** VP Noel McGuire issued a written report. BDJRyBA's annual volleyball tournament had over 100 participants. Emi Nakao won a raffle prize at this event. A Bay District JrYBA meeting was held at BBT June 7, and new officers at this level will include Noel McGuire as vice president and Toshi Steimetz as treasurer. There will be a summer BD activity at Great America. There will be no SLO retreat this year since BDJRYBA hosted the annual conference this year.

**STANDING COMMITTEE REPORTS**

**RELIGIOUS COMMITTEE:** Art Nishimura provided an updated 2014 service calendar report. The following adjustments were made: Dec. 21: temple cleanup; Nov. 30 – regular DFS; Nov. 9: Rev. Matsumoto will be the speaker for Eshinni/Kakushinni service; Sensei will check on the opening date for Dharma School.

**PLEDGE/MEMBERSHIP:** No report

**BUILDING MAINTENANCE:** No report

**GARDEN MAINTENANCE:** Gary Oda compiled a list of three possible gardeners to take over from the current gardening company. He also recommended that we contract with one of Dennis Makishima's students to trim our trees as needed. Gary and his handyman will work with Scott

Takeda to install a more effective drip-irrigation watering system for the front garden area. The board requested that Gary obtain bids from these three gardeners and work on the new watering system. He will report back to the board next month. The board reviewed, updated and simplified the to-do list provided by Scott.

**APARTMENTS:** No report

#### **OTHER REPORTS**

**CHAPEL OF THE CHIMES NICHES:** Gary gave an update. To date 64 of 100 niche placement rights have been sold. For the remaining unsold rights, the price has gone up but purchasers will receive a 20% discount. Urns can now be placed into the niches. Placement of names in the niche will be based on order of purchase. Gary was thanked for all his efforts in accomplishing this project.

**SOUND SYSTEM:** Dii is trying to scale down the scope to reduce the cost; e.g. we can cover just the hondo or hondo and social hall. Currently our system is unbalanced. The social hall components are very old. Upgrading this system in the hondo will allow us to make recordings more easily. Our current mounted camera has very limited use with the current components. Sensei advised that we need to think of different ways to propagate Buddhism, and the increased capability with this upgrade would allow us to provide video for shut-ins or via youtube. We will discuss this again next month.

**COMMUNITY OUTREACH:** After some discussion, Takashi requested more suggestions for the next meeting.

**BOARD ELECTIONS** coming up will need to replace or reinstate this set of directors: Jon Kawamoto, George Yin, Judy Kono, Emi Nakao, Wayne Sugihara, Takashi Nikaidoh, and David Ushijima.

**BBT SCHOLARSHIP** was presented to Kinji Steimetz at the Graduation Service, reported by chairman Wayne Sugihara.

#### **NEW BUSINESS**

**DEMOLITION OF BBQ PITS** – Dii Lewis reported that this will happen in August with his company donating labor, operators, and a truck driver. He will provide a more accurate cost estimate at the next meeting.

**NICHI BEI BON ODORI ad** will be taken care of by Kiyoshi as voted upon at the last meeting.

**2014 BERKELEY ANNUAL GIFT** was presented to the Women’s Daytime Drop-in Center at their recent fundraiser by the gift committee: Yuki Otake and Pat . Lucy Hamai, Bob Matsueda and Ranko Yamada also attended this event.

Dii Lewis and Patty Fujiwara were thanked for the delicious refreshments. Next month: Dina Honda and Lena Yin. The meeting was adjourned at 9:33 PM with closing gassho led by Rev. Matsumoto.

Respectfully submitted,

Emiko Katsumoto, recording secretary

\* \* \* \* \*

(Please contact a Board member if further clarification of these minutes is required.)

# BCA Education News

2140 Durant Avenue, Berkeley, CA 94704 E-mail: cbe@bcahq.org Phone: 510.809.1460 www.BuddhistChurchesofAmerica.org

*Thank you, BBT members, for a successful Pacific Seminar!*

Center for Buddhist Education Public Lecture  
Held in conjunction with the Jodo Shinshu Correspondence Course - August Workshop 2014  
Presents

**Neither Nun nor Laywoman: Buddhist Renunciation and the Female Lifecycle in Premodern Japan**



**By Dr. Lori Meeks**  
Associate Professor,  
Departments of Religion and East Asian Languages and Cultures  
University of Southern California

**SATURDAY, AUGUST 9, 2014**  
1:00 p.m. - 3:30 p.m. - Lecture  
3:30 p.m. - 4:00 p.m. - Q&A Session

**Jodo Shinshu Center**  
2140 Durant Avenue  
Berkeley, CA 94704

For more information email us at [hongwanji@bcahq.org](mailto:hongwanji@bcahq.org) or call (510) 809-1441.

Center for Buddhist Education Public Lecture  
Held in conjunction with the Jodo Shinshu Correspondence Course August Workshop

## Neither Nun nor Laywoman: Buddhist Renunciation and the Female Lifecycle in Premodern Japan

By Dr. Lori Meeks

Associate Professor,  
Departments of Religion and East Asian Languages and Cultures  
University of Southern California

**Saturday, August 9, 2014**

1:00 – 3:30 pm - Lecture ~ 3:30 – 4:00 pm - Q&A Session

**Free and open to the public**

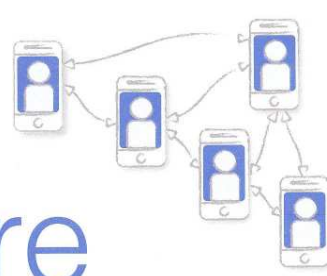
**Jodo Shinshu Center, 2140 Durant Avenue, Berkeley, CA 94704**

For info, email [hongwanji@bcahq.org](mailto:hongwanji@bcahq.org) or call (510) 809-1441

BCA Center for Buddhist Education presents

The 8th Annual  
**Baby Boomers' Seminar**

**Who, Why, Where**



**Interdependence....** Discover the breadth and depth of **WHO** you really are, **WHY** the unfortunate is fortunate, and **WHERE** your potential lies.

Keynote Speaker:  
**Rev. Patricia Usuki**  
San Fernando Valley Hongwanji Buddhist Temple

**Saturday, September 6, 2014**  
8:30am-8:00pm

**Jodo Shinshu Center**  
2140 Durant Ave. Berkeley, CA 94704  
For more information call (510) 809-1460  
Email: [cbe@bcahq.org](mailto:cbe@bcahq.org)

General Registration: \$75 deadline August 31\*  
BCA Member Rate: \$60 before August 6  
Registration begins on June 1, 2014  
For online registration and forms - log on to [buddhistchurchesofamerica.org](http://buddhistchurchesofamerica.org) and click on CBE

*Interdependence... Discover the breadth and depth of WHO you really are, WHY the unfortunate is fortunate, and WHERE your potential lies.*

The 8th Annual Baby Boomers' Seminar:

**Who, Why, Where: [www.com](http://www.com)**

Keynote Speaker:

**Rev. Patricia Usuki**

San Fernando Valley Hongwanji Buddhist Temple

**Saturday, September 6**

~ 8:30 am - 8:00 pm ~

at the **Jodo Shinshu Center**

2140 Durant Avenue, Berkeley, CA

**General Registration: \$75 by August 31**

**BCA Member Rate: \$60 before August 6**

For online registration and forms:

[www.BuddhistChurchesofAmerica.org](http://www.BuddhistChurchesofAmerica.org) Click on CBE

or call: (510) 809-1460

# HUMAN NATURE within BUDDHA NATURE

WAKING UP TO A PATH OF HARMONY

Buddhist Retreats since 1998

**August 8-10, 2014**



Shin Buddhism, the largest branch of Buddhism in Japan, is emerging in America. Shin offers a compelling process of approaching life challenges with effective results. By incorporating simple daily habits of gratitude, Shin followers are able to appreciate life, regardless of their material circumstance. Introspection, discussion, and insightful activities will bring alive a deep philosophy to a personal experience. Come experience the perspective that makes ordinary life, an extraordinary reality. Human nature inspired by Buddha nature, provides a proven path of harmony, amid the challenges of contemporary life. Wake up to American Shin Buddhism.

## **The Quaker Center:**

A beautiful, redwood retreat near Ben Lomond in the Santa Cruz mountains.

[www.quakercenter.org](http://www.quakercenter.org)

## **Facilitator: Rev. Dr. Kenji Akahoshi**

Shin Buddhist minister with a background in transpersonal psychology, wilderness vision quests, personal growth and body-mind-spirit disciplines.

## **Details and Registration**

\$ 195 Paid before July 13 Shared (double) room, & meals.

\$ 225 “ after “

+ \$ 100 for Single room

Tuition: by donation

Email: [kenjiakahoshi@gmail.com](mailto:kenjiakahoshi@gmail.com)

Phone: (619) 500-5002



Letter of Welcome  
HUMAN NATURE within BUDDHA NATURE  
WAKING UP TO A LIFE OF HARMONY  
August 8-10, 2014

Welcome to a retreat, designed to clarify and implement an ancient teachings into our contemporary lives. The intention is to provide a personal experience of Buddhist practice as a way of understanding its deep philosophical principles. **To enhance the experience, we ask you to identify your particular concerns of the human condition. Also write down your thoughts of how you feel Buddhism can help your perspective on life.** We will address these concerns and will only share issues that you feel comfortable discussing with others. In a light, relaxed atmosphere, insightful activities will reveal the causes and conditions that determine our misery or happiness. By applying some simple daily habits, we can illuminate our own path to a fulfilling life practice. Accessing our Buddha Nature within our human nature, invariably results in gratitude and joy.

**ACCOMMODATIONS:**

The Quaker Center is in a redwood forest just outside Ben Lomond. The dress is very casual and layering is recommended as the temperature may vary. Mornings and evenings may be cool with warm afternoons. Rooms are rustic with 2 beds with a sink. Several rooms share a private toilet and shower. Assisting with meal preparation and clean-up is an integral part of a Shin Buddhist experience.

Website: [www.quakercenter.org](http://www.quakercenter.org) Emergency phone: Office: (831) 336-8333 Orchard Lodge: (831) 336-9665

**Necessary Items**

Linen (sheets & pillow case or sleeping bag. Bed spread and pillows provided  
Towels (bath, face, & hand) Toiletries (soap, shampoo, etc.)

**Recommended**

Comfortable shoes for pleasure walks, Warm jacket, Socks for meeting room (no shoes)  
Flashlight, Alarm clock, Insect repellent, Aluminum chair (optional for solo time)  
Light spirit and accepting heart

Please: no pets, candles, incense, nor smoking on trails

**SCHEDULE:**

The Friday night session begins at 7:30 PM. Check in anytime after 6:30 PM. The retreat ends about 2:00 PM on Sunday. Five meals are included, beginning with Saturday breakfast and ending with Sunday lunch. There will be some free time to explore the grounds. Donation for the tuition can be made at the end of the retreat.

**DIRECTIONS:**

For directions, please access the website: [www.quakercenter.org](http://www.quakercenter.org).  
Once on Hubbard Gulch Rd., stay to the right road at the split and go about 3/4 mile. Once you reach the Quaker Center office area, the sign should indicate that the Buddhist Group is left to the Orchard Lodge. You may park in the driveway to unload your luggage. Then park uphill in the small lot or, if full, in the lower lot. It takes about 1 hour + 15 minutes on Friday evenings, from the San Jose Airport to the Quaker Center. Car-pooling is encouraged.

**SUGGESTIONS:**

- Recommend Hwy 17 (Hwy 880), as Hwy 9 from Saratoga is a 2 lane, curvy mountain road.
- Do not take Bear Creek Road!
- GPS often does not give accurate directions in these mountains.
- Cell phone reception is also tentative.

Use Orchard Lodge number if needed: (831) 336-9665.

- Scotts Valley has a few more dining options than Ben Lomond (Friday night). (Mostly fast food)

REGISTRATION  
August 8-10, 2014  
Quaker Center

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Name

---

Address

City

State

Zip

---

Email

Telephone

---

Dietary Concerns

---

Medical/Health Concerns

YES

NO

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Would you like to share your email for car-pooling and other transportation help?

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Other questions or concerns

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Name of preferred roommate

Fee; lodging & food \$195      Paid before July 13      Shared (2) Room and meals  
                                 \$225      “ after      “  
                                 + \$100      for Single room

Tuition:      by donation at retreat (cash or check)  
                                 Buddhist practice of accepting any donation for Teachings

Checks payable to:      Rev. Dr. Kenji Akahoshi

Mail to:      366 Bay Leaf Drive  
                                 Chula Vista, CA. 91910

Email: [kenjiakahoshi@gmail.com](mailto:kenjiakahoshi@gmail.com)

(619) 500-5002

TELEPHONE COORDINATORS: SUSAN GABRIEL & LENA YIN

AUGUST TOBAN:

Chmn: Judy Kono

Cochairs: Patty Fujiwara, Wes Fukumori, Emily Ushijima

Ryoichi & Michiko Anzai, (Dan Calef), Kiyoo Eshima\*, Wes Fukumori, Jim Furuichi, Tomoko Hamamoto\*, Dale Haratani, Norman Hirose\*, George & Lily Kagawa\*, Judy Kono, Ron Manning & Julie Kono, Taya Oda\*, Harry & Shizu Okino, Makoto & Amy Oto\*, Chiyo Pohan\*, David & Emily Ushijima, Roy & Alice Wakida, Carl Wilmsen & Patty Fujiwara.

**\*Denotes disabled and/or elderly – Toban duties optional.**

SEPTEMBER TOBAN:

Chmn: Judy Kono

Cochairs: Miki Adachi, Evelyn Glenn

Miki Adachi, Willie & Caroline Fernandez, Jean Fujikawa, Gary & Evelyn Glenn, Dii & Joyce Oishi Lewis, Bradley Menda, Jimmy & Janie Nehira, Vivienne Nishimura, Michael Rimkus, Tsuyuko Hooki\*, Don & Fumi Matsubara\*, Toshi Sato\*, Gen & Traci Fernandez Bondoc, Geina Palacio

**\*Denotes disabled and/or elderly – Toban duties optional.**

\* \* \* \* \*

PADMA STAFF:

Rev. Matsumoto, Gene Chin, Pauline Fong, Susan & Al Gabriel, Lucy Hamai, Yo Hiraoka, Norman Hirose, Ellen Jorgensen, Keiko Kawakami, Emi Matsunaga, Yuki Otake, Mae Takeda, Scott Takeda, Edythe Vassall, Yasuyo Wolfe and Yae Yedlosky.

## Services

Our regular Sunday program begins with a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

### Special Services

|              |             |                         |
|--------------|-------------|-------------------------|
| January 1    | Shusho-e    | New Year's Day Service  |
| February 9   | Nehan-e     | Nirvana Day             |
| March 16     | Ohigan      | Spring Equinox          |
| April 13     | Hanamatsuri | Flower Festival         |
| May 11       | Gotan-e     | Birthday of Shinran     |
| July 13      | Kangi-e     | Obon                    |
| September 21 | Ohigan      | Autumn Equinox          |
| November 16  | Hoonko      | Shinran Shonin Memorial |
| December 7   | Jodo-e      | Bodhi Day               |
| December 31  | Joya-e      | Year End Service        |

A Shotsuki Hoyo (Monthly Memorial) Service is held the first Sunday of each month.

## Dharma School

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your child.

## Monthly Discussions

In our discussions, we strive to experience the Buddha-Dharma with our entire selves – with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and so you are welcome to attend any or all sessions.

All interested persons are welcome to attend. Please invite your friends! We hope to see you!

## Visitor Information

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

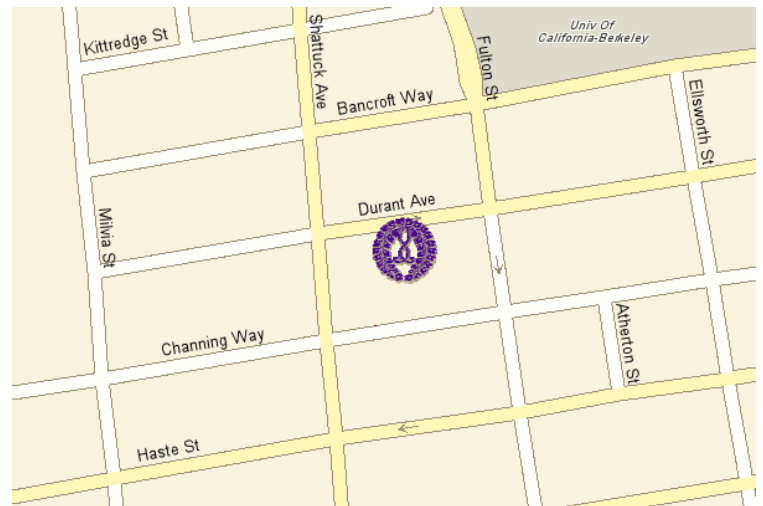
Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

## Membership Information

Membership is open to all who view our Temple as their religious home and seek the Buddha-Dharma.

To join, complete a membership form, have your name entered on the membership roll and support the Temple through a pledge and participation.

To inquire about becoming a member, please speak with our Membership Chair or Minister.



### Berkeley Buddhist Temple

2121 Channing Way  
Berkeley, CA 94704

Office Hours  
Monday – Friday  
10:00am – 1:00pm

Phone: 510-841-1356

email: [info@berkeleysangha.org](mailto:info@berkeleysangha.org)

web: [www.berkeleysangha.org](http://www.berkeleysangha.org)